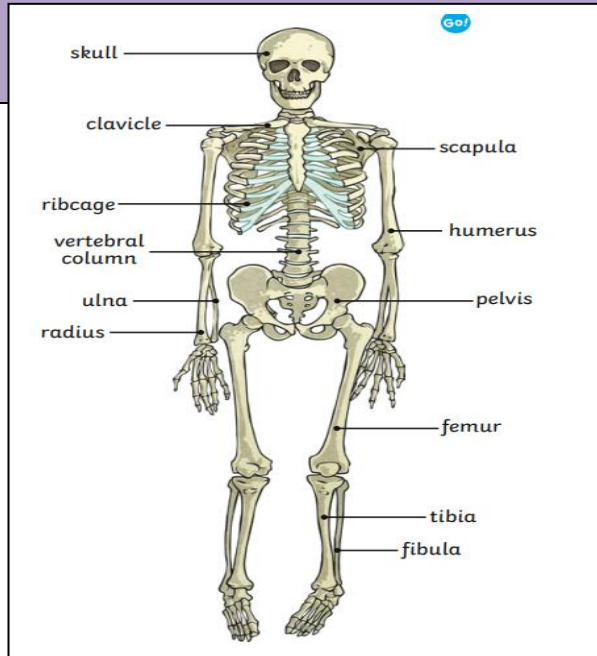
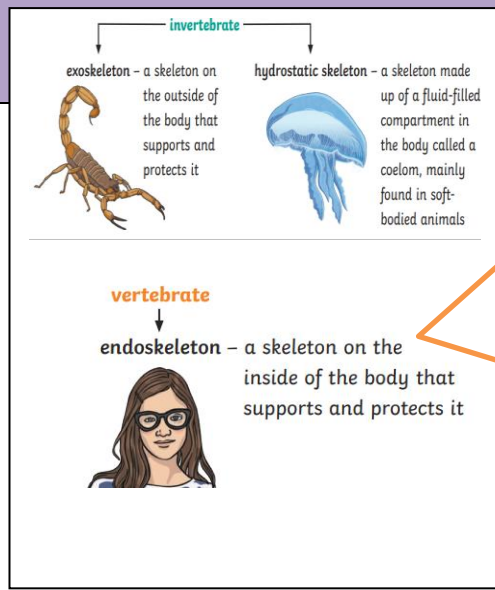
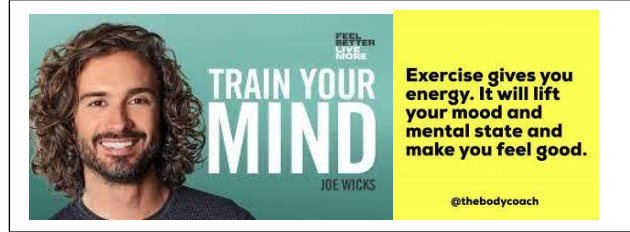


Prior Knowledge and Overview: Children will learn about the nutrition of animals, including humans, as well as studying the skeletons and muscles that humans and some animals have for support, protection and movement.

<b>Muscles</b>	Soft tissues in the body that contract and relax to cause movement.
<b>Tendons</b>	Cords that join muscles to bones
<b>Joints</b>	Areas where two or more bones are fitted together.
<b>clavicle</b>	Scientific word for collarbone. Joins the breast bone and the shoulder blade.
<b>cranium</b>	The part of the skull that covers the brain.
<b>femur</b>	A long bone that runs the length of your upper leg, or thigh.



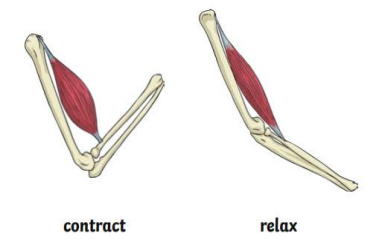
<b>exercise</b>	Any activity that requires some sort of physical effort of your body. Very important for health.
<b>Minerals</b>	Inorganic elements that come from soil and water. Your body needs to keep healthy.
<b>vitamins</b>	Organic substances to keep our bodies healthy.



Vertebrates are animals that have a backbone inside their body. The major groups include fish, amphibians, reptiles, birds and mammals. Invertebrates don't have a backbone. They either have a soft body, like worms and jellyfish, or a hard outer casing covering their body, like spiders and crabs.



Skeletal **muscles** work in pairs to move the bones they are attached to by taking turns to contract (get shorter) and relax (get longer).



Skeletons do three important jobs:

- protect organs inside the body;
- allow movement;
- support the body and stop it from falling on the floor.