



MABLETHORPE PRIMARY ACADEMY

'Be inspired'

PSHE Policy

'I know how to keep myself happy, healthy and safe.'

Aim of the PSHE policy

- To provide pupils with the knowledge, understanding, attitudes, values and skills they need in order to reach their potential as individuals and within the community.
- Pupils are encouraged to take part in a wide range of activities and experiences across and beyond the curriculum, contributing fully to the life of their school and communities. In doing so they learn to recognise their own worth, work well with others and become increasingly responsible for their own learning.
- Pupils reflect on their experiences and understand how they are developing personally and socially, tackling many of the spiritual, moral, social and cultural issues that are part of growing up.
- Pupils learn to understand and respect our common humanity; diversity and differences so that they can go on to form the effective, fulfilling relationships that are an essential part of life and learning.

Rationale for using Jigsaw programme

The PSHE programme, Jigsaw was chosen for its whole school approach to PSHE. The programme is an innovative and creative scheme of work which children will enjoy. It is designed to teach pupils all about themselves and how to understand their worth and prepare them for the future. The programme is complete with engaging resources to help children understand the different concepts within the PSHE curriculum, including aspects of RSHE.

Created by:

One of the Greenwood Dale Foundation Trust Group of Academies





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Organisation of the Curriculum

All pupils are entitled to one discrete PSHE lesson per week, covered by the Jigsaw lessons. The Jigsaw Programme covers all year groups from Nursery to Year 6.

Autumn 1: Being Me in My World

Includes understanding my place in the class, school and global community as well as devising Learning Charters.

Autumn 2: Celebrating Difference.

Includes anti-bullying (cyber and homophobic bullying included) and diversity work.

Spring 1: Dreams and Goals Includes goal-setting, aspirations, working together to design and organise fund-raising events.

Spring 2: Healthy Me Includes drugs and alcohol education, self-esteem and confidence as well as healthy lifestyle choices.

Summer 1: Relationships Includes understanding friendship, family and other relationships, conflict resolution and communication skills.

Summer 2: Changing Me Includes Sex and Relationship Education in the context of looking at change.

Progression

Please see Jigsaw overview.

Resources

All resources for PSHE are provided via the Jigsaw PSHE Programme.

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The contribution of PSHE to other subjects

Jigsaw PSHE will support the development of the skills, attitudes, values and behaviour, which will enable pupils to:

- Have a sense of purpose
- Value self and others
- Form relationships
- Make and act on informed decisions
- Communicate effectively
- Work with others
- Respond to challenge
- Be an active partner in their own learning
- Be active citizens within the local community
- Explore issues related to living in a democratic society
- Become healthy and fulfilled individuals

The skills developed in PSHE underpin all areas of the curriculum and will lead to children using these skills in other areas of the curriculum.

Monitoring/Review

The PSHE co-ordinator will monitor delivery of the programme through observation and discussion with teaching staff to ensure consistent and coherent curriculum provision. Evaluation of the programme's effectiveness will be judged by pupil and teacher evaluation of the content and learning processes. Staff meetings will be used to review and share experience of Jigsaw lessons and resources.

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