

## Mablethorpe Primary Academy - PE Curriculum Journey Map (2024/25)

Year Group	Concepts / NC Aims	PE Pillars of Progression (Ofsted, 2022)	Autumn		Spring		Summer		National Age-Related Expectations EYFS ELGs / NC Attainment Targets	
			Term 1	Term 2	Term 3	Term 4	Term 5	Term 6		
R	Personal, Social and Emotional Development  Physical Development  Expressive Arts and Design		First PE (Early Years - EY) PPP	FMS Gymnastics (EY) PPP	FMF: Movement to Music: Dance - Superhero (EY) PPP	FMF: Movement to Music: Dance Seaside (EY) PPP	FMS: Athletic Skills - Athletics (EY) PPP	Enjoy A Ball (EY) PPP	<b>PSED ELG:</b> Be confident to try new activities and show independence, resilience and perseverance in the face of a challenge. Explain the reasons for rules, know right from wrong and try to behave accordingly Manage their own basic hygiene and personal needs, including dressing Work and play cooperatively and take turns with others. <b>PD ELG:</b> Negotiate space and obstacles safely, with consideration for themselves and others. Demonstrate strength, balance and coordination when playing. Move energetically, such as running, jumping, dancing, hopping, skipping and climbing. <b>EAD ELG:</b> Perform songs, rhymes, poems and stories with others, and (when appropriate) try to move in time with music.	
			FMS: Ball Skills (Yr1 - Lessons 1 - 6) PPP	FMF: Dance -Dinosaur PPP	FMS: Gymnastics (Yr1 lessons 1-6) PPP	FMS: Gymnastics (Yr1 lessons 7-12) PPP	Net/ Wall Games Tennis (KS1 - Yr1 Learning Intentions) PPP	FMS Ball Games (Yr1 lessons 7 - 12) PPP		Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others.  They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.
			Team Games: Football FUNdamentals (Yr1) PPP	Team Games Rugby Fundamentals PPP (Yr1)	FMF: Dance - Seaside PPP	Indoor Athletics (Year 1) PPP	Running, Jumping and Throwing Skills: Athletics (Yr1 Learning Intentions) PPP	Striking & Fielding Games Kwik Cricket (KS1 - Yr1 Learning Intentions) PPP		
			FMS: Ball Skills (Yr2 - Lessons 1 - 6) PPP	FMF: Dance - Space PPP	FMS: Gymnastics (Yr2 Lessons 1-6) PPP	FMS: Gymnastics (Yr2 lessons 7-12) PPP	Net / Wall Games Tennis (KS1 - Yr2 Learning Intentions) PPP	FMS Ball Games (Yr2 lessons 7 - 12) PPP		
1	Develop competence to excel in a broad range of physical activities.		Team Games: Football FUNdamentals (Yr1) PPP	Team Games Rugby Fundamentals PPP (Yr1)	FMF: Dance - Seaside PPP	Indoor Athletics (Year 1) PPP	Running, Jumping and Throwing Skills: Athletics (Yr1 Learning Intentions) PPP	Striking & Fielding Games Kwik Cricket (KS1 - Yr1 Learning Intentions) PPP	They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.	
2	Are physically active for sustained periods of time.		FMS: Ball Skills (Yr2 - Lessons 1 - 6) PPP	FMF: Dance - Space PPP	FMS: Gymnastics (Yr2 Lessons 1-6) PPP	FMS: Gymnastics (Yr2 lessons 7-12) PPP	Net / Wall Games Tennis (KS1 - Yr2 Learning Intentions) PPP	FMS Ball Games (Yr2 lessons 7 - 12) PPP		
			Team Games: Football FUNdamentals (Yr2) PPP	Team Games Rugby Fundamentals PPP (Yr2)	FMF: Dance - Seaside PPP	Indoor Athletics (Year 2) PPP	Athletic Skills: Athletics (Yr2 Learning Intentions) PPP	Striking & Fielding Games Kwik Cricket (KS1 - Yr2 Learning Intentions) PPP		
			FMS: Ball Skills (Yr2 - Lessons 1 - 6) PPP	FMF: Dance - Space PPP	FMS: Gymnastics (Yr2 Lessons 1-6) PPP	FMS: Gymnastics (Yr2 lessons 7-12) PPP	Net / Wall Games Tennis (KS1 - Yr2 Learning Intentions) PPP	FMS Ball Games (Yr2 lessons 7 - 12) PPP		

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3/4	Engage in competitive sports and activities.  Lead healthy, active lives.		Kwik Cricket (Yr3/4) PPP	Dance - The Greatest Showman PPP	Gymnastics (Yr3/4) PPP	Invasion Games Hockey (KS2 - Yr3/4 PPP)	Athletics (KS2 - Yr3/4 Learning Intentions) PPP	(KS2 - Yr3/4 Net / Wall Games Tennis PPP)	Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement.  They should enjoy communicating, collaborating and competing with each other.  They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.
			Outdoor and Adventurous Activities (Y3/4) PPP	Competitive Games Dodgeball (Year 3 - 4) PPP	Swimming	Swimming	Swimming	Invasion Games - Football (KS2 - Yr3/4 Learning intentions) PPP	
5/6			Kwik Cricket (Yr5/6) PPP	Invasion Games Football (KS2 - Yr5/6 Learning intentions) PPP	Gymnastics (Yr5) PPP	Invasion Games Quicksticks Hockey (KS2 - Yr5 Learning intentions) PPP	Athletics (KS2 - Yr5/6 Learning Intentions) PPP	Outdoor and Adventurous Activities (Y5/6) PPP	<p><b>Swimming and water safety</b></p> <p>Swim competently, confidently and proficiently over a distance of at least 25 metres</p> <p>Use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]</p> <p>Perform safe self-rescue in different water-based situations.</p>
			Swimming	Swimming	Dance - Martial Arts PPP	Indoor athletics (KS2 - Yr5/6 Learning intentions) PPP	Net / Wall Games Tennis (KS2 - Yr 5/6) PPP	Swimming	
KS3 AIMS	<p>Pupils should build on and embed the physical development and skills learned in key stages 1 and 2, become more competent, confident and expert in their techniques, and apply them across different sports and physical activities.</p> <p>They should understand what makes a performance effective and how to apply these principles to their own and others' work.</p> <p>They should develop the confidence and interest to get involved in exercise, sports and activities out of school and in later life, and understand and apply the long-term health benefits of physical activity.</p>								

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