



MABLETHORPE PRIMARY ACADEMY

Dear Parent/Carer,

This school year we have been implementing the PSHE (Personal, Social and Health Education) Programme across our academy called Jigsaw, the mindful approach to PSHE.

The lessons since September, have built children's emotional literacy, self-esteem and knowledge of who they are and how they relate to each other and the world in a positive and healthy way. We are sure you will have heard about the Jigsaw Friends and Calm Me time.

The Summer Term units are about Relationships (unit 1) and Changing Me (unit 2).

Changing Me Puzzle Year 4

- Children learn about the bodily changes in puberty, and more about how our bodies get ready for making babies in adulthood.
- Pupils will learn more about female changes in puberty such as periods.
- They will also learn about sanitary products and personal hygiene.
- Conception and sexual intercourse are introduced in basic terms so that children know that a baby is formed by the joining of an ovum and a sperm.

We hope you will be in agreement with us that this work is vitally important for children, that it needs to be done age-appropriately and the Jigsaw Programme gives us a secure framework in which to do this.

However, we do as always want to work in partnership with parents and carers, and also wish to inform you of your legal right to withdraw your children from some aspects of this work. The government has made Relationships Education and Health Education statutory for all primary schools from September 2020. However, the aspects of PSHE which teaches sex education are optional. It is up to you as parents to decide whether you wish for your child to take part in the lessons in Term 6 from Changing Me. These are:

- Week 1 'Unique Me'
- Week 2 'Having a Baby'
- Week 3 'Girls and Puberty'

We hope you, like us, will see the materials in Jigsaw as educationally sound and beneficial to our children in terms of safe-guarding and keeping them informed. More information can be found on our academy website alongside our RSHE policy. If you do wish to withdraw your child from the sex education aspects of PSHE, please complete and return the attached form.

If you require and further information before returning the form, please contact school and we will be happy to discuss any of your questions.

Thank you for your continued support with your child's learning.

Shona Hodgson



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