

Mablethorpe Primary Academy

P.E. Long Term Curriculum Map 2019/2020

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Reception	Fundamental Movement Skills-Finding space, moving at different speeds, following instructions etc.	Gymnastics	Gymnastics	Dance	Multi -Skills, spatial Awareness and FMS Introduction to balls- Rolling, catching, dribbling, kicking and throwing	Athletics skills
Year 1/2	Dance lesson once a week - Terms 1 -6					
	Multi -skills games and spacial awareness with development of rolling, catching, dribbling,	Gymnastics- Floor skills including small apparatus.	Gymnastics- Floor skills including small apparatus.	Games Sending and receiving Development of rolling, catching, dribbling kicking and throwing	Athletics and multi skills	Games Sending and receiving Development of rolling, stopping a variety of balls, catching, dribbling,

	kicking and throwing					kicking and throwing
Year 3/4	Invasion (Football)	Dance	Gymnastics	Dance	Athletics	Striking and field Rounders
	Invasion Games Tag Rugby (JB Sports)	Gymnastics (4 weeks) (JB Sports)	Net and Wall - Tennis (JB Sports)	OAA (JB Sports) <hr/> Invasion - Netball and basketball (JB Sports)	Athletics	Striking and Fielding - Tri Golf (JB Sports)
Year 5/6	Netball / Basketball	Hockey	Gym	Dance	Athletics	Cricket / Rounders
	Invasion Games Tag Rugby (JB Sports)	Dance	Gymnastics - Floor skills including	Net/wall - tennis	Athletics (JB Sports)	Striking and Fielding - Tri Golf

		OAA (JB Sports)	small apparatus (JB Sports)	(JB Sports)		(JB Sports)
	SWIM (Y6 Miss Waring)		SWIM (Y5/6 Mrs Jarvis)		SWIM (Y5/6 Mrs Hastings)	