

Get in touch

Lincoln

26-30, Newland,
Lincoln
LN1 1XG

Boston

70-74, Wide Bargate,
Boston
PE21 6RY

Grantham

71, High Street,
Grantham
NG31 6NR

Call

0800 304 7021 (This number is free to call)

Email

youngpersonslincolnshire@wearewithyou.org
.uk

We are With You in organisation name

We provide free and confidential support to young people, up to the age 18 years old, experiencing issues with drugs and alcohol. We work with young people on their own goals, whether that's staying safe and healthy, making a small change or stopping an unwanted habit.

Want to chat? We are With You.

wearewithyou.org.uk

Lincolnshire Young Persons Service

A free and confidential service for
young people affected by drugs
and alcohol.

we are
withyou
in Lincolnshire



Contact our free, confidential service and talk to one of our trained staff.

We are here to listen – you can tell us as little or as much as you want.

We'll work with you on your own goals, whether that's getting a bit of advice, cutting down your drug or alcohol use or stopping completely.

Who's this service for?

This service is for you if you're:

- under 18 years old
- living in Lincolnshire
- worried about either your drug or alcohol use or someone else's

Help for friends and family

You're welcome to come and talk to us if you're worried about someone else's drinking or drug use.

What happens when you visit us for the first time

We offer an outreach service, which means that we will come to a place which is convenient for you, somewhere you feel safe and can talk openly.

We'll talk about your drug or alcohol use so that we can get an idea of how we can help and support you.

We may also talk about other aspects of your life, for example, school, family, friends and how you're feeling in general.

We will also talk to you about what help you need now, and what plans you want to make for the future.

These plans are based on what you want to do at a pace that suits you. You won't be made to do anything that you're not ready to tackle.

Talk to us online

Whether you need information for yourself or advice to support a friend or relative our webchat service is here for everyone.

Start a webchat by clicking on the chat button on the bottom right hand side of our website. You can access webchat on your laptop or mobile.

We've used our webchat service to speak to over 11,000 people in need

need
to talk?
we are
with you

