
















## How does our PE curriculum support SMSC, our whole school MPA values and British Values?

Subject	<p style="text-align: center;"><i>We promote spiritual development</i></p> <div style="text-align: center;">  <p style="margin: 0;"><b>Spiritual</b></p> </div>	<p style="text-align: center;"><i>We promote moral development</i></p> <div style="text-align: center;">  <p style="margin: 0;"><b>Moral</b></p> </div>	<p style="text-align: center;"><i>We promote social development</i></p> <div style="text-align: center;">  <p style="margin: 0;"><b>Social</b></p> </div>	<p style="text-align: center;"><i>We promote cultural development</i></p> <div style="text-align: center;">  <p style="margin: 0;"><b>Cultural</b></p> </div>
<p><b>PE at Mablethorpe Primary Academy</b></p>	<p>Pupils develop their knowledge and understanding of the body's performance when exercising; this allows pupils to discover about the ability of the body.</p> <p>This is also linked to endurance, as pupils have to show endurance when exploring the body's capabilities</p> <p>Through Dance and Gymnastics, pupils are being creative, expressing feelings and emotions in their performances. Allowing pupils' reflection time to evaluate their experiences allows them to build a positive mind set and promotes progression. Pupils will also see a sense of awe and wonder when observing elite performance from professional athletes and their peers.</p>	<p>Living a healthy lifestyle and promoting healthy living is apparent in each P.E lesson. Pupils develop the ability to tell between right and wrong through fair play in sporting events. Participating in competitive situations, (inter or intra) gives pupils a sense of justice, and how to respond appropriately when they feel there is an injustice.</p> <p>Opportunities are given to pupils to umpire and referee small-sided games supports the importance of abiding by rules. Pupils are challenged to consider ethical and moral issues by discussing the use of enhancement drugs in sport and how fair or unfair this may be.</p>	<p>The nature of PE allows all pupils to develop the necessary skills to work in teams or pairs, as many activities are based around team games, or creating sequences in pairs or groups, therefore co-operation with others is paramount to success.</p> <p>Giving the pupils roles such as Young Leaders, coaches, or umpires offers pupils the opportunity to develop their independence, communication skills, resilience and leadership skills.</p> <p>Pupils are encouraged to reflect upon their feelings such as enjoyment of PE and how successful they were and why.</p>	<p>Pupils are given the opportunity to explore dances and learn games from different traditions and cultures including their own. Compassion and respect for other culture and traditions is also displayed by all when exploring unfamiliar games or dances. Pupils also recognise and discuss the differences between male and female roles within sport, at both elite and amateur levels. Pupils can discuss how culture affects what sports different nations excel at and how cultural traditions can affect which sports men and women participate in.</p>

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<p style="text-align: center;"><b>Be Honest</b></p> 	<p style="text-align: center;"><b>Be Kind</b></p> 	<p style="text-align: center;"><b>Be Positive</b></p> 	<p style="text-align: center;"><b>Be Resilient</b></p> 	<p style="text-align: center;"><b>Be Aspirational</b></p> 	<p style="text-align: center;"><b>Be Respectful</b></p> 
<p>PE allows children to reflect upon issues, such as how to improve performance as well as listening to the opinions of others. The role of coaches, leaders and umpires are used to develop a sense of right and wrong.</p>	<p>Children know how to support each other and are proud of their own achievements and the performances of the group or team</p> <p>Pupils, in PE, learn to cope with successes and also recognise where improvements can be made.</p>	<p>Children are given the opportunity to try new sports and engage in physical activity throughout the day, which will lead to positive health benefits and raise self-esteem.</p> <p>Pupils witness positivity in PE and see how this impacts self-esteem and success.</p>	<p>PE teaches valuable life skills such as resilience, leadership, teamwork and independence, which can inspire and empower them to excel at school through to adulthood.</p> <p>Pupils learn to cope with their emotions during competitive situations.</p>	<p>During PE and after school clubs, pupils are given opportunities to challenge themselves and improve performances.</p> <p>Pupils are given opportunities to be creative, expressive and show emotive action in their performances.</p>	<p>PE allows children the opportunity to reflect upon the need for rules and fair play, where strategies and tactics are being introduced and followed.</p> <p>Children become aware of different cultural attitudes towards aspects of physical activity. Children can discover the role of sport and dance within society including learning dances and games from different traditions.</p>

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<p style="text-align: center;"><b>Democracy</b></p> 	<p style="text-align: center;"><b>The Rule of Law</b></p> 	<p style="text-align: center;"><b>Individual Liberty</b></p> 	<p style="text-align: center;"><b>Mutual Respect</b></p> 	<p style="text-align: center;"><b>Tolerance of those of different faiths and beliefs</b></p> 
<p>Pupils are taught about the need for different roles and different responsibilities, including teamwork and decision making. Pupil voice for PE and school sport allows children to be listened to and their thoughts and responses are shared on our website.</p>	<p>Pupils are taught about rules, fairness and respect through all PE activities. Pupils learn to work individually, in pairs and in teams. Values are established in PE with regard to competing fairly, following the rules and being respectful to others. Competition against oneself is encouraged in addition to competition with others.</p>	<p>PE recognises individual differences. Through our values system, the views of individual pupils are respected. Pupils are taught safely and about safety. PE at MPA involves the physical, emotional, social and cognitive development of all the children.</p>	<p>Mutual respect is taught and given when children express their opinions and beliefs. Children are taught and encouraged to show respect to each other's in all areas of PE. Pupils are taught about the environment and different activity contexts.</p>	<p>Pupils are taught about historical, cultural and religious differences, through a variety of PE activities. The culture in PE respects cultural differences. The school engages in competition and encourages competition within and across the community. PE can strengthen self-belief when improvements and success are celebrated.</p>

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