

# Mablethorpe Primary Academy - PE Curriculum Journey Map (2026-27)

| Year Group | Concepts / NC Aims                                                                                       | PE Pillars of Progression (Ofsted, 2022)                                                                             | Autumn                                     |                                                | Spring                                            |                                        | Summer                                                                        |                                                                            | National Age-Related Expectations EYFS ELGs / NC Attainment Targets                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
|------------|----------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|--------------------------------------------|------------------------------------------------|---------------------------------------------------|----------------------------------------|-------------------------------------------------------------------------------|----------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|            |                                                                                                          |                                                                                                                      | Term 1                                     | Term 2                                         | Term 3                                            | Term 4                                 | Term 5                                                                        | Term 6                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| R          | Personal, Social and Emotional Development<br><br>Physical Development<br><br>Expressive Arts and Design | <div>Motor Competence (Fundamental Movement Skills)</div> <div>Simple Tactics</div> <div>Healthy Participation</div> | First PE (Early Years - EY) PPP            | FMF: Movement to Music: Dance Seaside (EY) PPP | FMF: Movement to Music: Dance Fairy Tale (EY) PPP | FMS Gymnastics (EY) PPP                | FMS: Athletic Skills - Athletics (EY) PPP                                     | Enjoy A Ball (EY) PPP                                                      | <p><b>PSED ELG:</b> Be confident to try new activities and show independence, resilience and perseverance in the face of a challenge. Explain the reasons for rules, know right from wrong and try to behave accordingly</p> <p>Manage their own basic hygiene and personal needs, including dressing</p> <p>Work and play cooperatively and take turns with others.</p> <p><b>PD ELG:</b> Negotiate space and obstacles safely, with consideration for themselves and others.</p> <p>Demonstrate strength, balance and coordination when playing.</p> <p>Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.</p> <p><b>EAD ELG:</b> Perform songs, rhymes, poems and stories with others, and (when appropriate) try to move in time with music.</p> |
|            |                                                                                                          |                                                                                                                      | FMS: Ball Skills (Yr1 - Lessons 1 - 6) PPP | FMF: Olympic Dance PPP                         | FMS: Gymnastics (Yr1 lessons 1-6) PPP             | FMS: Gymnastics (Yr1 lessons 7-12) PPP | Net/ Wall Games Pickleball (KS1 - Yr1 Learning Intentions) PPP                | FMS Ball Games (Yr1 lessons 7 - 12) PPP                                    | <p>Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others.</p> <p>They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.</p>                                                                                                                                                                                                                                                                                                                                                                     |
|            |                                                                                                          |                                                                                                                      | Team Games: Rugby FUNdamentals (Yr1) PPP   | Team Games Football Fundamentals PPP (Yr1)     | FMF: Dance - Fairy Tale PPP                       | Indoor Athletics (Year 1) PPP          | Running, Jumping and Throwing Skills: Athletics (Yr1 Learning Intentions) PPP | Striking & Fielding Games Kwik Cricket (KS1 - Yr1 Learning Intentions) PPP |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
|            |                                                                                                          |                                                                                                                      | FMS: Ball Skills (Yr2 - Lessons 1 - 6) PPP | FMF: Olympic-Dance PPP                         | FMS: Gymnastics (Yr2 Lessons 1-6) PPP             | FMS: Gymnastics (Yr2 lessons 7-12) PPP | Net / Wall Games Pickleball (KS1 - Yr2 Learning Intentions) PPP               | FMS Ball Games (Yr2 lessons 7 - 12) PPP                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| 1          | Develop competence to excel in a broad range of physical activities.                                     | Including Context-Specific                                                                                           | Team Games: Rugby FUNdamentals (Yr2) PPP   | Team Games Football Fundamentals PPP (Yr2)     | FMF: Dance - Fairy Tale PPP                       | Indoor Athletics (Year 2) PPP          | Athletic Skills: Athletics (Yr2 Learning Intentions) PPP                      | Striking & Fielding Games Kwik Cricket (KS1 - Yr2 Learning Intentions) PPP |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
|            |                                                                                                          |                                                                                                                      |                                            |                                                |                                                   |                                        |                                                                               |                                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| 2          | Are physically active for sustained periods of time.                                                     | Rules, Strategies and Tactics                                                                                        |                                            |                                                |                                                   |                                        |                                                                               |                                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
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Key for the Medium-Term Plans (Units of Work): PPP = Primary PE Planning

Please see the PE Lead who will share these with you

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|----------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|-----------------------------------------------|---------------------------------------------------------------|--------------------------------------------------------|-------------------------------------------------|-------------------------------------------------|-----------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|          | Engage in competitive sports and activities.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |  |                                               |                                                               |                                                        |                                                 |                                                 |                                                                 |                                                                                                                                                                                                                                                                                                 |
| 3/4      | Lead healthy, active lives.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |  | Kwik Cricket (Yr3/4) PPP                      | Dance - Romans                                                | Gymnastics (Yr3/4) PPP                                 | Invasion Games Football (KS2 - Yr3/4 PPP)       | Athletics (KS2 - Yr3/4 Learning Intentions) PPP | (KS2 - Yr3/4 Net / Wall Games: Pickleball PPP                   | Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement.                                                                                                                   |
|          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |  | Outdoor and Adventurous Activities (Y3/4) PPP | Competitive Games Dodgeball (Year 3 - 4) PPP                  | Swimming                                               | Swimming                                        | Swimming                                        | Invasion Games: Tag Rugby (KS2 - Yr3/4 Learning intentions) PPP | They should enjoy communicating, collaborating and competing with each other.                                                                                                                                                                                                                   |
| 5/6      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |  | Tag Rugby (KS2 PPP Y5/6)                      | Invasion Games Football (KS2 - Yr5/6 Learning intentions) PPP | Gymnastics (Yr5) PPP                                   | Athletics (KS2 - Yr5/6 Learning Intentions) PPP | Kwik Cricket PPP Y5/6                           | Outdoor and Adventurous Activities (Y5/6) PPP                   | They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.                                                                                                                                   |
|          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |  | Swimming                                      | Swimming                                                      | Indoor athletics (KS2 - Yr5/6 Learning intentions) PPP | Dance - The Greatest Showman PPP                | Net / Wall Games Tennis (KS2 - Yr 5/6) PPP      | Swimming                                                        | <b>Swimming and water safety</b><br>Swim competently, confidently and proficiently over a distance of at least 25 metres<br><br>Use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]<br><br>Perform safe self-rescue in different water-based situations. |
| KS3 AIMS | Pupils should build on and embed the physical development and skills learned in key stages 1 and 2, become more competent, confident and expert in their techniques, and apply them across different sports and physical activities.<br>They should understand what makes a performance effective and how to apply these principles to their own and others' work.<br>They should develop the confidence and interest to get involved in exercise, sports and activities out of school and in later life, and understand and apply the long-term health benefits of physical activity. |  |                                               |                                                               |                                                        |                                                 |                                                 |                                                                 |                                                                                                                                                                                                                                                                                                 |

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